



"A safe and accepting place to explore change"

Director: Ray Atwood B.A., Dip Th., Dip. Couns., ACC Accred.

The Priory Annexe, 85 Old High Street, Headington, Oxford OX3 9HT
tel: 01865 308889; email: counselling@ocic.org.uk website: www.ocic.org.uk

Half Day Workshop

Saturday 18 Sept 2010
9.00 am - 1.00 pm

CREATIVE REPAIR

Exploring the importance of the creative arts
in sustaining leaders, therapists and carers

Anne Holmes MA, Dip Ed, Cert CC (Relate), MIInstGA, UKCP

Most people involved in accompanying others emotionally will be engaged in the pain of loss, as well as the struggle to change. This work, while privileged, can be tiring and draining. It is essential that such emotional, psychological and spiritual energy be replaced routinely. This workshop will be an opportunity to think about the connection between mourning and creativity.

Regular engagement in the creative arts offers an enjoyable way of doing this. In addition to some theory drawn from analytical thinking and theology, there will be an experiential workshop and a chance to explore some of the creative arts.

Participants are also free to bring ongoing projects with them.

Anne is an experienced group analyst, counsellor and Anglican priest. She has a particular interest in the prevention of professional burn out. CPD certificate of attendance will be issued

COST: £25.00

Advance booking essential - by 6 September 2010. Please use the booking form.

Venue: Headington Baptist Church,

Patrons:

Rt Rev Dr David Atkinson; Sir Hugo Brunner; Rev Dr Rob Ellis; Dr John Guillebaud;
Fr William Hewett S.J.; Sir Patrick Nairne; Rt Rev John Pritchard Bishop of Oxford; Mrs Wendy Robinson

OCIC is a charity and a company limited by guarantee
Reg Charity number 291819; Reg Company Number 1914838



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